CHECK LIST

The following must be completed before we analyze your sample.

- Go to **gettestednow.com/register** to register your sample by entering the 14 character bar-code number in kit. **SAMPLES THAT ARE NOT REGISTERED WILL NOT BE PROCESSED!**

- ***Do not eat or drink, smoke or chew gum for 30-minutes before collecting this saliva sample.*** Supply your saliva sample by following the enclosed instructions.

- Place tube containing saliva mixture in small bio-bag. Close and seal small bio-bag containing saliva sample.

- Place small sealed biobag directly into postage paid mailer box or envelope.

- Drop off the postage paid mailer box/envelope containing your sample at a designated FedEx carrier pick up location.

GET TESTED NOW

from

RELIANT
HEALTH SERVICES
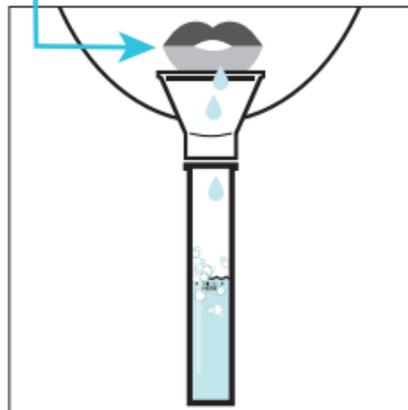
COVID-19 Testing Kit

www.GetTestedNow.com

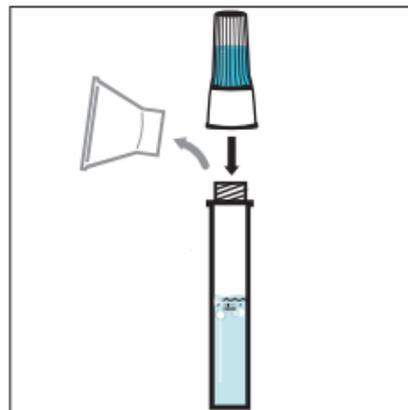# SALIVA SAMPLE COLLECTION & SHIPPING INSTRUCTIONS

www.GetTestedNow.com

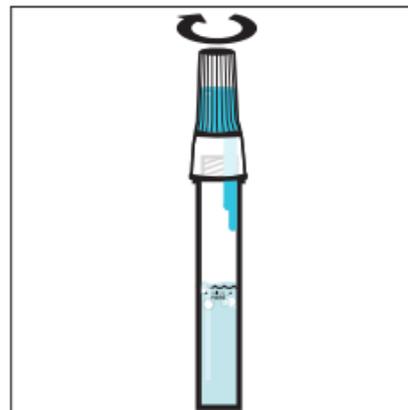**Do NOT eat, drink, smoke or chew gum for 30-minutes before collecting the sample.**

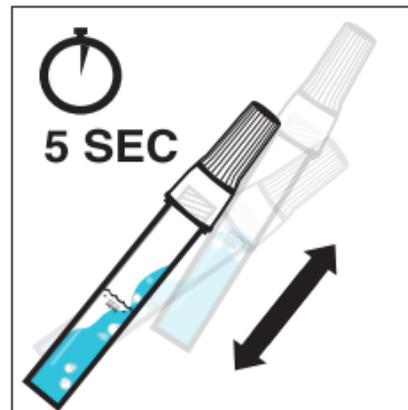**Fill the tube with saliva** to the level of the black wavy line (not including bubbles).
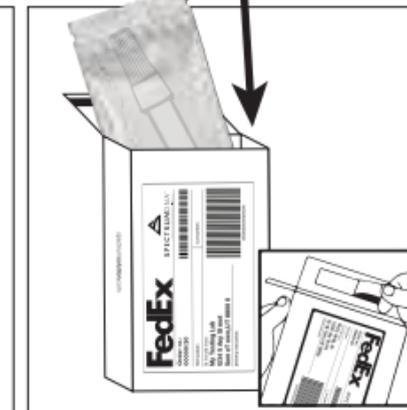
Do not overfill.

Remove the funnel from the tube.

Screw enclosed cap TIGHTLY until the blue solution in the cap empties into the tube.
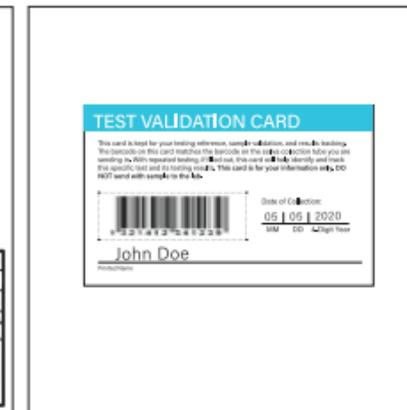

5 SEC

Shake the tube gently for 5 seconds.

Place the saliva tube inside bio-bag and seal bag closed.

place bio-bag into shipping box with prepaid return label & seal closed.

Tear off Test Validation Card and keep for your records. **Fill in the date.**

The barcode on this card matches the code on your tracked sample.

Drop shipping box off at any designated FedEx pick up location.

TEST VALIDATION CARD

This card is kept for your testing reference, sample validation, and results tracking. The barcode on this card matches the barcode on the saliva collection tube you are sending in. With repeated testing, if filled out, this card will help identify and track this specific test and its testing results. **This card is for your information only. DO NOT send with sample to the lab.**

Date of Collection:

MM   DD   4-Digit Year

Go to **gettestednow.com/register** to register your sample by entering the 14 character bar-code number above. **SAMPLES THAT ARE NOT REGISTERED WILL NOT BE PROCESSED!**